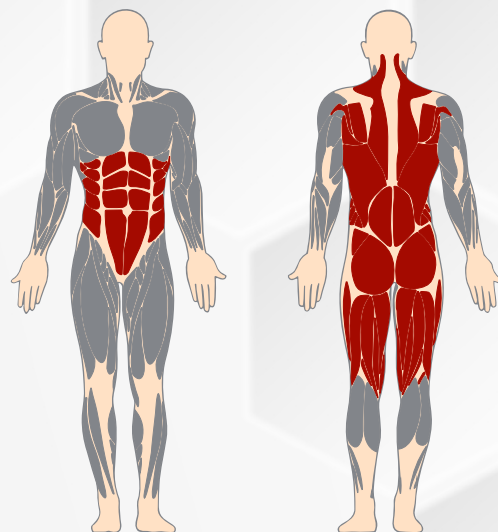


AB/CORE RACK

MUSCLES TRAINED

ABDOMINALS / OBLIQUES / BACK / BUTTOCKS



A **IVE AB/Core Rack** stations develops abdominals, obliques and back muscles.

IVE are recreational stations for outdoor training for every age group and every user level – from teenagers, through adults and seniors, to professionals.

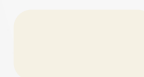
COLORS



ENGINE TURNING
STAINLESS STEEL



BRUSHED FINISH
STAINLESS STEEL



RAL 9010
PURE WHITE



RAL 9005
JET BLACK



RAL 1023
TRAFFIC YELLOW



RAL 2004
PURE ORANGE



RAL 3020
TRAFFIC RED



RAL 4007
PURPLE VIOLET



RAL 5003
SAPPHIRE BLUE



RAL 5012
LIGHT BLUE



RAL 6018
YELLOW GREEN



RAL 7016
ANTHRACITE GREY

**TRAINING SEE
SCAN THE QR CODE**



SPECIFICATION

Length	389 cm
Width	60 cm
Height	100 cm
User height	+140 cm
User age	+ 14 years
Safety area	24,80 m ²
Material	Stainless Steel
Standard	EN 16630:2015-06E
Certificate	CE / EU Declaration of Conformity

A device for AB/Core Rack training which develops abdominals, obliques, back and buttocks muscles.

1. Made entirely of stainless steel.
2. Instruction plates made of 3 mm thick dibond, printed in UV technology, laminated with polyurethane.
3. Dimensions: length 389 cm / width 60 cm / height 100 cm.
4. Accuracy class: A – high accuracy.
5. Class of use: S – for professional or commercial use.