ABDOMINAL MUSCLE



A **IVE Abdominal Muscle** device develops abdominals, obliques and back muscles.

IVE are recreational devices for outdoor training for every age group and every user level – from teenagers, through adults and seniors, to professionals.

IVE devices have an innovative solution of load regulation, thanks to which adjusting the weight to your training capabilities is extremely simple, fast, and safe.

TRAINING SEE SCAN THE QR CODE

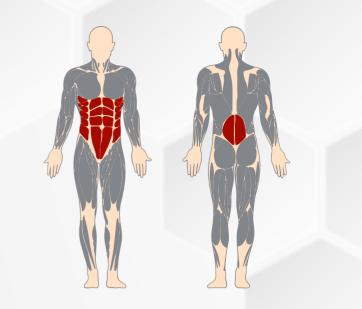


SPECIFICATION

Length	213 cm
Width	96 cm
Height	154 cm
User height	+140 cm
User age	+ 14 years
Safety area	20,31 m²
Material	Stainless Steel
Standard	EN 16630:2015-06E
Certificate	CE / EU Declaration of Conformity
Weight adjustment	5 kg - 60 kg (x 5 kg)

MUSCLES TRAINED

ABDOMINALS / OBLIQUES / BACK





A device for abdominal muscle training which develops

abdominals, obliques and back muscles.

- 1. Made entirely of stainless steel.
- Load adjustment by moving the discs along pipes arranged perpendicularly and centrally in the axis of the exercising person.
- 3. Adjustable load from 5 kg to 60 kg with a difference of 5 kg.
- Discs are protected against theft by the use of anti-theft screws, which require special tools to be removed.
- The movement of the device is based on the mechanism of four stainless steel bearings.
- Instruction plates made of 3 mm thick dibond, printed in UV technology, laminated with polyurethane.
- 7. Backrest made of waterproof polyethylene with an additional UV-absorbing screen.
- 8. Dimensions: length 213 cm / width 96 cm / height 154 cm.
- 9. Designed for one person up to a maximum of 180 kg.
- 10. Accuracy class: A high accuracy.
- 11. Class of use: S for professional or commercial use.