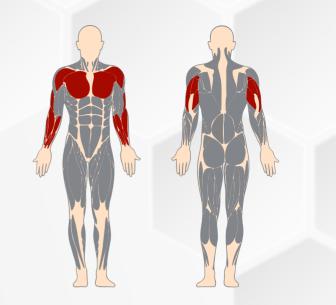
DECLINE BENCH PRESS

MUSCLES TRAINED

CHEST / TRICEPS / FOREARMS / SHOULDERS





A IVE Decline Bench Press device develops chest, triceps and forearms muscles.

IVE are recreational devices for outdoor training for every age group and every user level – from teenagers, through adults and seniors, to professionals.

IVE devices have an innovative solution of load regulation, thanks to which adjusting the weight to your training capabilities is extremely simple, fast, and safe.

TRAINING SEE SCAN THE QR CODE



SPECIFICATION

Length	319 cm
Width	98 cm
Height	113 cm
User height	+140 cm
User age	+ 14 years
Safety area	20,65 m²
Material	Stainless Steel
Standard	EN 16630:2015-06E
Certificate	CE / EU Declaration of Conformity
Weight adjustment	5 kg – 100 kg (x 5 kg)



A device for decline chest press training which develops

chest, triceps and forearms muscles.

- 1. Made entirely of stainless steel.
- Load adjustment by moving the discs along pipes arranged perpendicularly and centrally in the axis of the exercising person.
- 3. Adjustable load from 5 kg to 100 kg with a difference of 5 kg.
- Discs are protected against theft by the use of anti-theft screws, which require special tools to be removed.
- The movement of the device is based on the mechanism of two stainless steel bearings.
- Instruction plates made of 3 mm thick dibond, printed in UV technology, laminated with polyurethane.
- 7. Backrest and seat made of waterproof polyethylene with an additional UV absorbing screen.
- 8. Backrest angled 15 degrees downward.
- 9. Handles enabling the device to be gripped in two positions. Leg lock made of a 104 mm diameter tube.
- 10. Dimensions: length 319 cm / width 98 cm / height 113 cm.
- 11. Designed for one person up to a maximum of 180 kg.
- 12. Accuracy class: A high accuracy.
- 13. Class of use: S for professional or commercial use.