## TRICEPS



MUSCLES TRAINED
tRICEPS /CHEST

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A IVE Triceps device develops triceps and chest muscles.

IVE are recreational devices for outdoor training for every age group and every user level - from teenagers, through adults and seniors, to professionals.

IVE devices have an innovative solution of load regulation, thanks to which adjusting the weight to your training capabilities is extremely simple, fast, and safe.
training see SCAN THE QR CODE


## SPECIFICATION

| Length | 222 cm |
| :---: | :---: |
| Width | 85 cm |
| Height | 102 cm |
| User height | +140 cm |
| User age | +14 years |
| Safety area | $20,09 \mathrm{~m}^{2}$ |
| Standard | Stainless Steel |
| Certificate | CE $/$ EU Declaration of Conformity |

Weight adjustment
5 kg - $60 \mathrm{~kg}(x 5 \mathrm{~kg})$

## COLORS



## A device for triceps training which develops triceps and chest muscles.

1. Made entirely of stainless steel.
2. Load adjustment by moving the discs along pipes arranged perpendicularly and centrally in the axis of the exercising person.
3. Adjustable load from $5 \mathbf{~ k g}$ to 60 kg with a difference of $5 \mathbf{~ k g}$.
4. Discs are protected against theft by the use of anti-theft screws, which require special tools to be removed.
5. The movement of the device is based on the mechanism of two stainless steel bearings.
6. Instruction plates made of 3 mm thick dibond, printed in UV technology, laminated with polyurethane.
7. Possibility to set the starting position at 7 different heights.
8. The seat is made of waterproof polyethylene with an additional UV absorbing screen.
9. Handles enabling the device to be gripped in two positions.
10. Dimensions: length $222 \mathrm{~cm} /$ width $85 \mathrm{~cm} /$ height 102 cm .
II. Designed for one person - up to a maximum of 180 kg .
11. Accuracy class: A - high accuracy.
12. Class of use: S - for professional or commercial use.
