SHOULDER PRESS

MUSCLES TRAINED

SHOULDERS / BICEPS / TRICEPS / FOREARMS



A **IVE Shoulder** Press device develops shoulders, biceps, triceps, and forearms muscles.

IVE are recreational devices for outdoor training for every age group and every user level – from teenagers, through adults and seniors, to professionals.

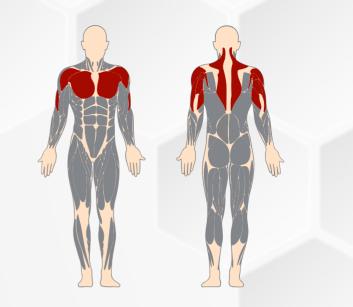
IVE devices have an innovative solution of load regulation, thanks to which adjusting the weight to your training capabilities is extremely simple, fast, and safe.

TRAINING SEE SCAN THE QR CODE



SPECIFICATION

Length	203 cm
Width	98 cm
Height	153 cm
User height	+140 cm
User age	+ 14 years
Safety area	20,01 m²
Material	Stainless Steel
Standard	EN 16630:2015-06E
Certificate	CE / EU Declaration of Conformity
Weight adjustment	5 kg - 100 kg (x 5 kg)





A device for shoulder press training which develops

shoulders, biceps, triceps and forearms muscles.

- 1. Made entirely of stainless steel.
- Load adjustment by moving the discs along pipes arranged perpendicularly and centrally in the axis of the exercising person.
- 3. Adjustable load from 5 kg to 100 kg with a difference of 5 kg.
- Discs are protected against theft by the use of anti-theft screws, which require special tools to be removed.
- The movement of the device is based on the mechanism of two stainless steel bearings.
- Instruction plates made of 3 mm thick dibond, printed in UV technology, laminated with polyurethane.
- 7. Possibility to adjust the seat position on 7 height levels.
- 8. Backrest and seat made of waterproof polyethylene with an additional UV absorbing screen.
- 9. Handles enabling the device to be gripped in two positions.
- 10. Dimensions: length 203 cm / width 98 cm / height 153 cm.
- 11. Designed for one person up to a maximum of 180 kg.
- 12. Accuracy class: A high accuracy.
- 13. Class of use: S for professional or commercial use.