### **LEG PRESS**

# MUSCLES TRAINED

QUADS / GLUTES / HIPS / CALVES / BACK



A IVE Leg Press device develops quads, glutes, hips, calves and back muscles.

IVE are recreational devices for outdoor training for every age group and every user level – from teenagers, through adults and seniors, to professionals.

IVE devices have an innovative solution of load regulation, thanks to which adjusting the weight to your training capabilities is extremely simple, fast, and safe.

# TRAINING SEE SCAN THE QR CODE



## **SPECIFICATION**

Length	294 cm
Width	104 cm
Height	198 cm
User height	+140 cm
User age	+ 14 years
Safety area	23,99 m²
Material	Stainless Steel
Standard	EN 16630:2015-06E
Certificate	CE / EU Declaration of Conformity
Weight adjustment	10 kg – 150 kg (x 10 kg)





#### A device for legs training which develops

#### quads, glutes, hips and calves.

- 1. Made entirely of stainless steel.
- 2. Load adjustment by moving the discs along pipes arranged perpendicularly and centrally in the axis of the exercising person.
- 3. Adjustable load from 10 kg to 150 kg with a difference of 10 kg.
- Discs are protected against theft by the use of anti-theft screws, which require special tools to be removed.
- The movement of the device is based on the mechanism of two stainless steel bearings.
- Instruction plates made of 3 mm thick dibond, printed in UV technology, laminated with polyurethane.
- 7. Backrest and seat made of waterproof polyethylene with an additional UV absorbing screen.
- 8. Handles enabling the device to be gripped.
- 9. Dimensions: length 294 cm / width 104 cm / height 198 cm.
- 10. Designed for one person up to a maximum of 180 kg.
- 11. Accuracy class: A high accuracy.
- 12. Class of use: S for professional or commercial use.